This flowchart was created based on DPH/DESE Guidelines

SYMPTOMS

- Fever (≥100.0°F), chills, or shaking chills
- Cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Sore or scratchy throat when in combination with other symptoms
- Sneezing when in combination with other symptoms
- Headache when in combination with other symptoms
- Nausea, vomiting, or diarrhea when in combination with other symptoms
- Fatigue, when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies) when in combination with other symptoms

COVID & SCHOOLS

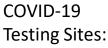
A Parent's Guide to Decision-Making During a Pandemic

Who is Exempt from Quarantine?

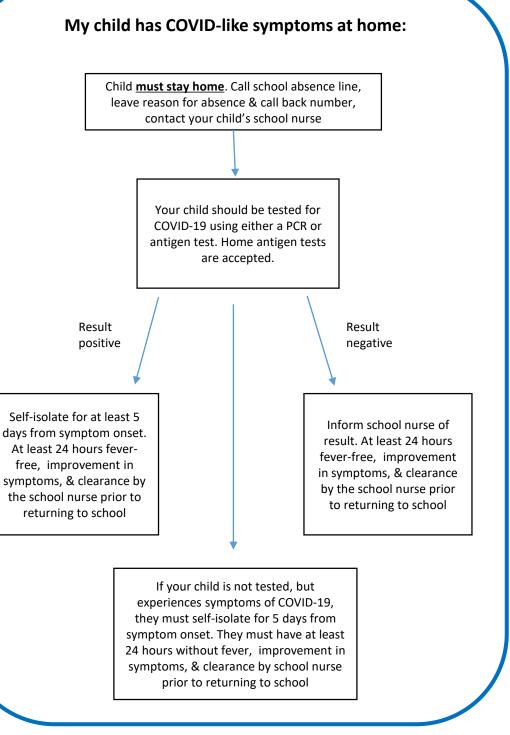
In some specific scenarios, the following people would not need to quarantine if exposed to a person who has tested + for COVID:

- Fully vaccinated people who have NO SYMPTOMS after their exposure
- Fully vaccinated = Completed primary series of Pfizer or Moderna vaccine or single dose of J&J vaccine at least 2 weeks ago
- Individuals who have tested + for COVID within the previous 90 days









2/3/22

My child tested positive for COVID-19

Individuals who test positive for COVID-19 must self-isolate from others for a <u>minimum of 5 days</u> after symptom onset, or from their test date if no symptoms are present.

Students may return to school on day 6 if :

- They have been fever-free for 24 hours without fever-reducing medications
- Their symptoms have improved
- They adhere to strict mask wearing for an additional 5 days around others
- Receive clearance from their school nurse

Repeat testing prior to returning to school is not recommended by DESE/DPH

My child developed symptoms of COVID-19 while at school

Students who display symptoms of COVID-19 while at school will be dismissed from school. Prior to dismissal, with parental consent, students may be tested using a rapid antigen test. Any student dismissed from school with COVID-like symptoms, regardless of a negative test at school, must:

- Remain home from school the day following their dismissal
- Must take another COVID test (either PCR or antigen) the day following their dismissal from school

If student receives another (a 2nd) negative test result, they may return to school after:

- Their symptoms have improved
- They have remained fever-free for 24 hours without the use of feverreducing medications
- Receive clearance from their school nurse

Parents MUST sign an electronic consent form for their child to be tested at school. Please fill out the form \underline{here}





Not all scenarios can be covered here. Please contact your school nurse for further guidance.



My child was exposed to a COVID-19 positive person outside of school. What should I do?

<u>Vaccinated individuals</u> do not need to quarantine if they are feeling well and are symptom-free. Actively monitor for symptoms for 10 days after their exposure, and self-isolate if symptoms develop. Adhere to strict mask wearing for 10 days.

<u>Unvaccinated or partially vaccinated individuals</u> must quarantine at home for 5 days after their date of exposure (day of exposure = day 0).

After 5 days of quarantine, students may return on day 6 if:

- They have remained completely symptom-free
- Receive approval to return from their school nurse
- Conduct active monitoring for symptoms for a full 10 days after their exposure
- Adhere to strict mask wearing for additional 5 days.

All individuals, regardless of vaccine status, are strongly encouraged to test for COVID on day 5 after their exposure.

Someone in my household has COVID-19 and my child is not fully vaccinated. The positive individual cannot isolate from my child. What should I do?

• If a household contact cannot isolate, then your child's quarantine period starts after household contact's isolation period ends.

Ex. Adult family member has COVID-19 but cannot isolate from child. Adult family member completes 5-day isolation period, followed by strict mask wearing for 5 days. Child quarantines throughout adult's isolation period, and then starts their quarantine period when adult is out of isolation (child's day "0" is adult caregiver's day "5")

My family is traveling – do I need to do anything special for my child to return to school?

Your family should follow travel guidelines outlines by the CDC